

Pacha Soap Company  
New Fall Froths,  
Scrubs & Soaps.

- Pumpkin Spice
- Farmhouse Cider Apple
- Caramel Sea Salt
- Golden Chai



Seasonal Favorites

EST 1975

# EARTH FARE

**\$9.99/lb.**  
WILD CAUGHT  
Fresh Coho Salmon Fillet

**SAVE \$7/lb.**

**\$2.99/lb.**

ORGANIC  
Red, Green & Black Seedless Grapes  
SAVE \$2/lb.



**4/\$5**  
Avocados  
SAVE \$5 ON 4

**2/\$11**

WILD CAUGHT  
Cold Water Maine Lobster Tails



**2/\$6**

ORGANIC  
Pineapples  
SAVE \$3.98 ON 2



**\$2.49/lb.**

The Organic Apple Fest is Here

**\$9.99/lb.**

WILD CAUGHT  
Fresh Swordfish Steaks



**\$1.59/lb.**

ORGANIC  
NC Covington Sweet Potatoes  
SAVE 40¢/lb.



ORGANIC  
Honeycrisp, Gala, Fuji, Granny Smith  
SAVE UP TO \$1/lb.

**\$9.99/lb.**

WILD CAUGHT  
Jumbo White American Shrimp



**\$3.99/lb.**

Asparagus  
SAVE \$2/lb.



**\$9.99/lb.**  
Van Kaas  
Red Wax Dutch Gouda  
SAVE \$3/lb.

**\$3.99/lb.**

Boneless Skinless Chicken Breasts



**\$5.99/ea.**

ORGANIC  
Blueberry Pints  
12oz.  
SAVE \$3/ea.



**\$2.79/ea.**  
Mush  
Overnight Oats



**\$11.99/lb.**

GRASS-FED  
Boneless Ribeyes & NY Strip  
(Whole Loins \$10.99/lb. Cut into Steaks for Free!)



**\$4.99/ea.**

Pumpkins  
SAVE \$1/ea.



**5/\$5**  
Dracula Navel Orange  
SAVE \$5 ON 5

**\$14.99/lb.**

GRASS-FED  
Filet Mignon  
(Whole Beef Tenderloins \$13.99/lb. Cut into Steaks for Free!)



## FRESH PRODUCE

**\$3.99/ea.**

ORGANIC  
Romaine Hearts 3ct.  
SAVE \$2/ea.



**\$2.49/lb.**

ORGANIC  
Yellow & Green Zucchini Squash  
SAVE 50¢/lb.



**\$2.99/lb.**

ORGANIC  
Tomatoes on the Vine  
SAVE \$2/lb.



Living Herbs

**\$3.49/ea.**

3"

**\$5.99/ea.**

5"



Seasonal Bouquets Starting at **\$6.99/ea.**



## FROM THE EARTH FARE KITCHEN

**SAVE \$1/ea.**

Earth Fare Sustainably Sourced Salmon  
\$6.99/ea.



**SAVE \$1/lb.**

Earth Fare Marinated Mushrooms  
\$6.99/lb.



**SAVE \$1/lb.**

Earth Fare Cajun Sweet Potatoes  
\$7.99/lb.



**SAVE \$1/lb.**

Earth Fare Cucumber Salad  
\$5.99/lb.



**SAVE \$2/ea.**

Earth Fare Original Chicken Salad Wrap  
\$5.99/ea.



SALES VALID 10/18/2023 TO 10/24/2023

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FROM THE EARTH FARE BAKERY



**SAVE \$1.50/ea.**  
Earth Fare  
**Roasted Garlic Focaccia**  
\$3.99/ea.



**SAVE 50¢/lb.**  
Earth Fare  
**Cornbread**  
\$4.49/lb.



**SAVE \$1/ea.**  
Earth Fare  
**Macarons** 6pk.  
\$9.99/ea.



**SAVE \$1.50/ea.**  
Earth Fare  
**Chewy Caramel Pecan Cookies** 5pk.  
\$4.99/ea.




**SAVE \$2/lb.**  
Earth Fare  
**Cookies By The Pound**  
\$10.99/lb.


SPECIALTY




**SAVE \$1/ea.**  
Karst  
**Cave Aged Cheese**  
8oz.



**Buy 1 Get 2nd Half Off**  
\$19.99/ea.  
Olli Salumeria  
**Olli Salami Cheddar Antipasto Tray** 12oz.



**Wine Wednesday!**  
**30% Off 12 Or More Bottles**  
(Excludes OH & TN Locations)



**Buy 1 Get 2nd Half Off**  
\$7.99/ea.  
Divina  
**Tangerine Chili Marinated Olives**  
11.6oz.



**SAVE \$1/ea.**  
La Quercia  
**Sliced American Pancetta** 2oz.

EVERYTHING GROCERY



**SAVE \$2.98**  
Late July  
**Tortilla Chip**  
10.1oz., Select Varieties  
2/\$9



**SAVE \$3.98**  
La Croix  
**Sparkling Water**  
12pk., Select Varieties  
2/\$10



**NEW**  
**SAVE UP TO \$5.98**  
Dr. Bronner's  
**Chocolate**  
2.93 -3oz., Select Varieties  
2/\$6



**SAVE \$1.50/ea.**  
The Happy Egg Co  
**Heritage Pasture Raised Eggs**  
1dozen., Select Varieties  
\$6.49/ea.



**SAVE \$2/ea.**  
Counter Culture  
**Coffee**  
12oz., Select Varieties  
\$11.99/ea.



**SAVE \$1.98**  
Bragg's  
**Apple Cider Vinegar**  
32floz. Select Varieties  
2/\$10



**SAVE 98¢**  
Mountain Valley  
**Spring Water**  
1l., Select Varieties  
2/\$5



**SAVE \$4.98**  
Kettle  
**Potato Chips**  
13oz., Select Varieties  
2/\$9



**SAVE 98¢**  
Cocojune  
**Yogurt**  
4oz., Select Varieties  
2/\$4



**SAVE \$2.49 ON 3**  
Poppi  
**Prebiotic Soda**  
12fl oz., All Varieties  
3/\$5

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EVERYTHING GROCERY



**SAVE UP TO \$6<sup>99</sup>**

Annie's **Mac & Cheese**  
5-6oz., Select Varieties  
3/\$5



**SAVE \$2/ea.**

Rao's **Pasta Sauce**  
Select Varieties  
\$5.99/ea.



**SAVE \$3/ea.**

Equal Exchange **Coffee**  
10-12oz., Select Varieties  
\$11.99/ea.



**SAVE 98¢**

Bear's Fruit **Kombucha**  
12fl oz., Select Varieties  
2/\$6



**SAVE \$1<sup>98</sup>**

Pacific **Soup**  
16.1-16.5oz., Select Varieties  
2/\$9



**SAVE \$3<sup>98</sup>**

Traditional Medicinal **Tea**  
16ct., Select Varieties  
2/\$8



**SAVE \$3<sup>98</sup>**

Gimme Organic **Seaweed Snacks**  
6pk., Select Varieties  
2/\$10



**SAVE \$6<sup>98</sup>**

Nixie **Sparkling Water**  
8pk., All Varieties  
2/\$7



**SAVE \$2/ea.**

Zevia **Soda**  
6pk., Select Varieties  
\$5.99/ea.



**SAVE \$1<sup>38</sup>**

Epic **Meat Stick**  
1oz., Select Varieties  
2/\$4

NON GMO BOGO FREE EVENT



**SAVE UP TO \$12<sup>49</sup>**

American Flatbread **Pizza**  
10.2-17oz., Select Varieties



**SAVE \$5<sup>49</sup>**

Bhuja **Snack Mix**  
7oz., Select Varieties



**SAVE \$2<sup>79</sup>**

Kate's Real Food **NutritionalBars**  
2.2oz., Select Varieties



**SAVE \$6<sup>99</sup>**

Fruit Bliss **Dried Fruit**  
4-5oz., Select Varieties



**SAVE UP TO \$3<sup>69</sup>**

Earth Fare **Chips & Popcorn**  
All Varieties



**SAVE \$3<sup>99</sup>**

Real Foods **Corn Things**  
5.3oz., All Varieties



**SAVE \$8<sup>49</sup>**

Craig's Vegan **Plant Based Ice Cream**  
16fl oz., Select Varieties



**SAVE UP TO \$13<sup>99</sup>**

Coconut Secret **Coconut Aminos**  
17fl oz., Select Varieties



**SAVE UP TO \$4<sup>99</sup>**

Tasty Bite **Ready to Eat Rice & Entrees**  
8.8-10oz., Select Varieties



**SAVE UP TO \$11<sup>99</sup>**

R.W. Knudsen **Organic Juices**  
32fl oz., Select Varieties

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EVERYTHING GROCERY

**DR. BRONNER'S ALL-ONE!**

Dr. Bronner's  
**Vegan & Cruelty-Free**  
Products Using the  
**Highest Quality**  
Organic and Fair Trade,  
Environmentally  
Responsible  
ingredients



**SAVE \$2/ea.**  
Alex's Awesome  
**Sourdough Pizza**  
12-13.2oz., Select  
Varieties  
\$8.99/ea.



**SAVE \$2<sup>98</sup>**  
Big Mountain Foods  
**Plant Based Meat**  
10.58-12oz., Select  
Varieties  
2/\$9



**SAVE \$1<sup>38</sup>**  
Liquid Death  
**RTD Tea**  
19.2fl oz., All Varieties  
2/\$3



**SAVE 96¢**  
Siggis  
**Icelandic Skyr**  
4-5oz., All Varieties  
3/\$5



**SAVE \$1<sup>50</sup>/ea.**  
Eastern Standard Provisions  
**Soft Pretzels**  
10.1-13.1oz., Select  
Varieties  
\$6.49/ea.



**SAVE \$1<sup>50</sup>/ea.**  
Hungry Planet  
**Plant Based Meat**  
7.7-8oz., Select Varieties  
\$5.49/ea.



**SAVE \$1<sup>10</sup>/ea.**  
Coolhaus  
**Ice Cream**  
5.8-6oz., Select Varieties  
\$3.89/ea.



**SAVE \$1<sup>50</sup>/ea.**  
Sweet Loren's  
**Gluten Free Cookie**  
**Dough**  
12oz., Select Varieties  
\$5.99/ea.



**SAVE \$5/lb.**  
Bulk  
**Organic Pecan**  
**Halves & Pieces**  
1lb., Select Varieties  
\$12.99/lb.



**SAVE \$1<sup>58</sup>**  
Probar  
**Nutritional Bars**  
2.46-3oz., Select Varieties  
2/\$5



**SAVE \$3<sup>98</sup>**  
Simple Mills  
**Cookies**  
4.25-6oz., Select Varieties  
2/\$8



**SAVE \$1<sup>98</sup>**  
Guayaki  
**Yerba Mate**  
15.5fl oz., Select Varieties  
2/\$5



**SAVE \$4<sup>98</sup>**  
Plant Based Burgers  
**Beyond Meat**  
8oz., Select Varieties  
2/\$9



**SAVE \$1<sup>58</sup>**  
Calbee  
**Snap Pea Crisps**  
3.3oz., Select Varieties  
2/\$4

WELLNESS & BEAUTY



**20% OFF**  
Dr. Bronner's  
**Castile Soaps**  
Select Varieties



**BUY ONE BOGO GET ONE FREE**  
**NON GMO Project VERIFIED**  
Gaia  
**Adult & Childrens**  
**Elderberry Gummies**  
& **Syrups** 40ct-5.4 oz  
Select Varieties



**BUY ONE BOGO GET ONE FREE**  
**NON GMO Project VERIFIED**  
Pirqa  
**Protein Drinks**  
11-44 fl oz., All Varieties



**BUY ONE BOGO GET ONE FREE**  
Irwin  
**Energy, Weightloss,**  
**Libido, Stress & Mood**  
**support, Immune**  
**supplements and**  
**more!** 60-100ct  
Select Varieties



**20% OFF**  
Soothing touch  
**Lips balms, Bath**  
**soaks, Body scubs &**  
**oils and lotions**  
Line Drive

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