Carving **Pumpkins SAVE \$1.98 ON 2** 



**GRASS-FED** Hickory Nut Gap **Ground Beef** 

2/<sup>\$</sup>10

ORGANIC Russet Potato 5lb. bag Carrot 5lb. bag Yellow Onion 3lb.bag **SAVE UP TO \$5.98 ON 2** 



Large Hass Avocados

2/\$4 at All Florida Locations

\$**3**99/lb. **Boneless Skinless Chicken Breasts** 



\$**2**99/lb.

Red ,Green & Black **Seedless Grapes** SAVE \$1/lb.



**Fillets** 

Maryland

**Crab Cakes** 

**SAVE \$4.98 ON 3** 

**1**99/lb. \$Q99/lb. Fresh Coho Alaska Cod Salmon Fillet SAVE \$5/lb. **SAVE \$3/lb.** 



\$**5**99/lb. London Broil & Stew Beef

\$**7**99/lb.

**GRASS-FED** 

Steaks

Skirt & Flank

\$**1 1** 99/lb.

**GRASS-FED** 

& NY Strip



\$**1**99/lb.

Acorn, Butternut & Spaghetti Squash

Bartlett, Bosc & Red

**Starkrimson Pears** 



4/<sup>\$</sup>5 Cucumbers **SAVE \$3 ON 4** 

\$249/lb.

ORGANIC



\$999/lb.

Large Snow Crab Clusters SAVE \$5/lb.

**Cold Water Lobster Tails** SAVE \$4.99/ea. \$999/lb

**WILD CAUGHT** Fresh **Swordfish** Steaks SAVE \$6/lb.

Cut into Steaks for Free!) \$**9**99/lb.

**Premium Black Angus Choice Short Ribs** 

**Boneless Ribeyes** 

(Whole Loins \$10.99/lb.



SAVE \$1/lb. \$**6**49/ea.

KAT7 **Gluten Free** Apple Pie 11oz.

**SAVE \$1.50/ea.** 



5/\$5 **ORGANIC** Kiwi **SAVE \$1.25 ON 5** 



**2/**\$4 Olipop Apple Crisp 12fl oz SAVE 98¢

**SAVE \$1.25 ON 5** 

Lemons



20% OFF Lake Champlain Seasonal Chocolates

FRESH PRODUCE



**Garnett Yam SAVE 50¢/lb.**  \$**1** 49/lb. ORGANIC

Green Cabbage SAVE 50¢/lb.

\$**7**99/ea ORGANIC Celery

SAVE \$1/ea.

\$7.99/lb.

\$**2**99/lb

ORGANIC Tomatoes on the Vine **SAVE \$2/lb.** 

Seasonal **Bouquets** Starting at \$**6**99/ea.

FROM THE EARTH FARE KITCHEN













SAVE \$1/ea. Earth Fare Chicken Salad Snackable

SALES VALID 10/11/2023 TO 10/17/2023

#### FROM THE EARTH FARE BAKERY



Focaccia

\$3.99/ea.



Earth Fare Chocolate Croissant 3pk. \$4.99/ea.



SAVE \$1/ea. Earth Fare **Small Chocolate** Chip Croissants 8pk. \$7.99/ea.



Earth Fare **Chocolate Chip** Muffin 4pk. \$6.99/ea.



### SPECIALTY



SAVE \$1/ea. **Cave Aged Cheese** 



\$**8**49/ea.

**Pitted Organic** Kalamata Olives 60z.



\$**19**99/ea.

Olli Salumeria Salami Parmesan **Antipasto Tray 12oz.** 



\$**7**99/ea.

Janet's Finest Raspberry Jalapeno Compote 5.5oz. SAVE \$1/ea.



SAVE \$5/lb. Westminster **Rustic Red English** Cheddar 5.3oz.

#### **EVERYTHING GROCERY**



**SAVE** \$698

**Sparkling Water** 

8pk., All Varieties 2/\$7



SAVE \$2/ea.

Counter Culture Coffee

12oz., Select Varieties \$11.99/ea.



**SAVE \$249 ON** 3

Poppi

Prebiotic Soda

12fl oz., All Varieties 3/\$5



**SAVE 98¢** 

Mountain Valley **Spring Water** 

11., Select Varieties 2/\$5



SAVE \$5/lb.

**Organic Pecan Halves** & Pieces 1lb.

\$12.99/lb.



# **SAVE** \$1<sup>50/ea.</sup>

The Happy Egg Co **Heritage Pasture** Raised Eggs

1dozen., Select Varieties \$6.49/ea.



# SAVE \$2/ea.

Zevia Soda

6pk., Select Varieties \$5.99/ea.



# **SAVE** \$398

Traditional Medicinal Tea

16ct., Select Varieties 2/\$8



# **SAVE UP TO** \$598

Dr. Bronners Chocolate

2.93 -3oz., Select Varieties



# SAVE \$1/ea.

Rao's

Pasta Sauce

Select Varieties \$6.99/ea.

### SALES VALID 10/11/2023 TO 10/17/2023





**Almond Butter** 1lb., Select Varieties \$7.99/lb.



**SAVE** \$1<sup>20/ea.</sup>

Stonyfield Yogurt

32oz., Select Varieties \$4.29/ea.







# **SAVE UP TO** \$**6**99

Annies

**Mac & Cheese** 

5-6oz., Select Varieties 3/\$5



SAVE \$2/ea.

Alex's Awesome

Sourdough Pizza 12-13.2oz., Select Varieties \$8.99/ea.



**SAVE** \$198

Apple Cider Vinegar 32fl oz., Select Varieties 2/\$10





# **SAVE \$198**

**Bigelow** Tea

20ct., Select Varieties 2/\$8



SAVE \$1/ea.

Alter Eco

Granola

8oz., Select Varieties \$6.99/ea.





# **SAVE \$298**

Jacksons Honest **Sweet Potato Chips** 

5oz., Select Varieties 2/\$7



# **SAVE UP TO \$1** 20

Dr. Praegar's **Veggie Burgers** 

8-10oz., Select Varieties



Edward & Sons

Miso Cups

1oz, Select Varieties 2/\$8





# **SAVE \$1**58

**Nutritional Bars** 

2.46-3oz., Select Varieties 2/\$5



**SAVE** \$598

9.88oz., Select Varieties

**Olives** 

2/\$10



**SAVE 98<sup>¢</sup>** 

Bob's Red Mill **Oatmeal Cups** 

2-2.5oz., Select Varieties 2/\$5



# **SAVE \$398**

Gimme Organic
Seaweed Snacks

6pk., Select Varieties 2/\$10



JULY

LAPENO

**SAVE \$298** Late July

2/\$9

**Tortilla Chip** 10.1oz., Select Varieties





La Croix **Sparkling Water** 12pk., Select Varieties

2/\$10





10-12oz., Select **Varieties** \$11.99/ea.



# SAVE \$1/ea.

Oatly Oat Milk

64fl oz., Select Varieties \$4.79/ea.



# **SAVE \$249**

Steaz **Iced Tea** 

16fl oz., Select Varieties 3/\$5



# **SAVE \$398**

Simple Mills **Cookies** 

4.25-6oz., Select Varieties 2/\$8



#### **EVERYTHING GROCERY**

90macro MACROBAR



SAVE \$1/ea.

Catalina Crunch

#### **Snack Mix**

5.25oz., Select Varieties \$6.99/ea.





**SAVE** \$158

Calbee

2/\$4

**Snap Pea Crisps** 3.3oz., Select Varieties



Go Macro

## **Nutritional Bars**

2oz., Select Varieties 2/\$4



# **SAVE \$298**

From the Ground Up **Tortilla Chips** 

4.5oz., Select Varieties 2/\$6





**SAVE \$498** 

## **Potato Chips**

13oz., Select Varieties 2/\$9



**SAVE** \$138

Earth Fare

#### **Popcorn**

4.4-5oz., Select Varieties 2/\$6



SAVE 98¢

Cocojune

## **Yogurt**

4oz., Select Varieties 2/\$4



**SAVE \$198** 

Lake Champlain

## Chocolate

1.2oz., Select Varieties 2/\$4



**SAVE \$498** 

Beyond Meat

## **Plant Based Burgers**

8oz., Select Varieties 2/\$9



# **SAVE** \$295

Koyo

#### Ramen

2oz., Select Varieties



**SAVE** \$198

Guayaki

#### Yerba Mate

16fl oz., Select Varieties 2/\$5



**SAVE** \$198

Pacific

#### Soup

16.1-16.5oz., Select Varieties 2/\$9



SAVE \$2/ea.

Flying Cauldron

**Butterscotch Beer** 

4pk., Select Varieties \$6.99/ea.



# **SAVE 98¢**

Almond Breeze **Almond Milk** 

32fl oz., Select Varieties 2/\$6



Earth Fare

#### Tea

16fl oz., Select Varieties 2/\$4

# **WELLNESS & BEAUTY**









20% OFF

PERFECT AMINO

BodvHealth **Amino Acids** Select Varieties



# 20% OFF

Dr. Bronner's **Castile Soaps** Select Varieties





## 20% OFF

**Omegas** Select Varieties

20% OFF

Aura Cacia **Bath & Body Care** All Varieties



