\$**3**99/lb.

Washington Cherries SAVE \$2/lb.



\$799/lb.

Fresh Sockeye Salmon & Large Wild American Shrimp SAVE UP TO \$9/lb.



\$**8**99/lb. Alaska Cod **Fillets** 

SAVE \$4/lb.



\$**1** 99/lb.

Red & Green Seedless Grapes SAVE \$3/lb.



\$399/lb. ORGANIC **Broccoli** Crowns SAVE \$2/lb.



EARTH FARE

Certified Regenerative Hickory Nut Gap Grass Fed

**Ground Beef** 

\$999/lb. WILD CAUGHT Large Alaskan **Snow Crab** Clusters SAVE \$5/lb

\$399/lb. Fresh Antibiotic-Free **Boneless Skinless** Chicken Breasts & Thighs SAVE UP TO \$3/lb.



\$**1** 99/lb.

ORGANIC **Sweet Onions** 



**SAVE .50¢/lb.** 

Cucumbers **SAVE \$5 ON 5** 



\$**3**99/ea.

Strawberries 11b. Blueberries 12oz. **SAVE UP TO \$2/ea.** 



\$**1** 49/lb.

ORGANIC

NC Covington Sweet Potatoes SAVE .50¢/lb.



SAVE \$1 20/ea. **Pasture Raised Eggs** 

SAVE \$2/Ib



**GROUND BEEF** 

HICKORY NUT GAP

\$**4**99/lb. GRASS-FED London Broil & **Chuck Roasts** 

SAVE UP TO \$3/lb.



\$**7**99/lb.

**Skirt & Flank** Steaks SAVE \$2/lb.



\$10<sup>99/lb.</sup> **GRASS-FED Boneless Ribeyes** & NY Strips (Whole Loins \$9.99/lb. Cut Into Steaks For Free!)

**SAVE \$6/lb.** 

\$16<sup>99/lb.</sup> **GRASS-FED** 

**Filet Mignon** (Whole Tenderloin Cut Into Filet Mignon For Free!) **SAVE \$3/lb.** 



**SAVE \$398** 

**Sparkling Water** 12pk., Select Varieties 2/\$8



\$**Q**99/lb. Original Chicken Salad SAVE \$3/lb.



#### FRESH PRODUCE

**Haas Avocados** 

**SAVE \$1 ON 2** 

\$**3**99/lb. ORGANIC Tomatoes on the Vine **SAVE \$1/lb.**  \$249/lb.

ORGANIC Yellow Squash **Green Zucchini Squash SAVE .50¢/lb.** 

\$**3**99/ea.

Organic Girl **50/50 Blend** 5oz. Baby Arugula 5oz. Baby Spinach 5oz. Baby Spring Mx 5oz. Spinach Arugula 5oz. SAVE .80¢/ea.



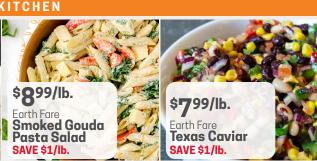
#### FROM THE EARTH FARE KITCHEN



Demeter's Pantry Chicken Enchiladas 13.7oz. Vegetable Enchiladas 13.7oz. Grk Chicken Bowl Rice 12oz. All Varieties SAVE \$1/ea.







### SALES VALID 8/16/2023 TO 8/22/2023

#### FROM THE EARTH FARE BAKERY











#### SPECIALTY

SAVE \$1/ea.



**Montamore**' Cheddar

SAVE \$1.49/ea.

SAVE \$1/ea.

\$1599/ea. Olli Salumeria Salami-Pramesan-Olive Antipasti Tray 12oz. SAVE \$4/ea.



Wine Wednesday! 30% Off 12 Or More **Bottles** (Excludes OH & TN Locations) 2/\$10 Beehive Cheese Squeaky Bee Cheese Curds 4oz. SAVE .99¢/ea.



2/<sup>\$</sup>12 Effie's Homemade Cocoa Toasted **Coconut Crackers** SAVE .99¢/ea.

#### **EVERYTHING GROCERY**



Late July

2/\$9

**SAVE \$498** 

**Tortilla Chips** 



**SAVE \$399** Essentia

Water 11.. Select Varieties 3/\$5



**SAVE \$398** 

13oz.. Select Varieties

**Potato Chips** 

Kettle

2/\$9



Califia Farms **Plant Based Milk** 48fl oz., Select Varieties 2/\$10

CALIFIA

ALIFI



Three Trees **Plant Based Milk** 28fl oz., Select Varieties \$5.49/ea.



14.75oz., Select Varieties

**SAVE UP TO \$**298 Woodstock

Frozen Vegetables 10-16oz.. Select Varieties



SAVE \$1<sup>50/ea.</sup> Hungry Planet **Plant Based Meat** 7.7-8oz., Select Varieties

\$5.49/ea.



**SAVE** \$1 98/ea. Jovial **Organic Pasta** 7-13oz.. Select Varieties



**SAVE UP TO** \$<u>/</u>/ea. Graza

Olive Oil 16.9 -25.3fl oz., Select **Varieties** 



**SAVE \$398** Bear **Fruit Snacks** 3.5oz., Select Varieties 2/\$8

#### SALES VALID 8/16/2023 TO 8/22/2023



#### **EVERYTHING GROCERY**





**Nutritional Bars** 

1.76oz., Select Varieties 4/\$5



**SAVE** \$298

4.5oz., Select Varieties







Ben & Jerry's **Ice Cream** 

16oz., Select Varieties 2/\$11



SAVE 80<sup>¢/ea.</sup>

**SAVE UP TO** 

8-45oz., Select Varieties

**Plant Based Milk** 64fl oz., All Varieties

**SAVE UP TO** 

CHICKEN CILANTRO & LIME

CHEDDAR

Red's **Burritos** 

5oz., Select Varieties







**Cookies** 



**BOGO** 







\$4.99/ea.



## SAVE \$1/ea.

**Pasture Raised Hard Boiled Eggs** 

6ct., Select Varieties \$4.99/ea.



Alexia

**French Fries** 

10-20oz., Select Varieties



Koyo Ramen

2oz., Select Varieties







One Degree Foods

**Sprouted Oats** 



# **SAVE UP TO**

Green Forest

**Paper Products** Select Varieties





## **SAVE UP TO \$7**49

Little Northern Bakehouse **Bread** 

14-20oz., Select Varieties



Thaiwala Thai Tea

32fl oz., Select Varieties \$6.99/ea.



### **SAVE UP TO** \$599

Silver Hills **Bread & Bagels** 

14-22oz., Select Varieties



## **SAVE \$298**

Seeds of Change **Rice & Grains** 

8.5-9oz., Select Varieties 2/\$6





### **SAVE UP TO** \$**7**98

Earth's Best **Baby Food** Select Varieties



SAVE \$2 Big Tree Farms **Coconut Aminos** 

10fl oz.. Select Varieties



## **SAVE \$3**48

Alter Eco Chocolate

2.65-2.96oz., Select **Varieties** 3/\$10



## SAVE \$1/ea.

NutPods

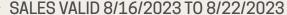
**Plant Based Creamers** 25.4fl oz.. Select Varieties



### SAVE \$2 Truvia

**Sweeteners** 

Select Varieties \$7.99/ea.



\$5.49/ea.

#### **EVERYTHING GROCERY**





**SAVE \$298** 

Coolhaus

**Ice Cream** 

16oz., Select Varieties 2/\$10



**SAVE \$498** 

Gimme Organic **Seaweed Snacks** 

6pk., Select Varieties 2/\$9 3/\$4

PULP



**SAVE \$1**68

Chobani

**Yogurt** 

5.3oz., Select Varieties



SAVE \$2/ea.

Zevia Soda

6pk., Select Varieties \$5.99/ea.



**SAVE** \$198

Seventh Generation **Dish Liquid** 

19fl oz., Select Varieties 2/\$9



**SAVE** \$138

Earth Fare

Tea & Lemonade

16fl oz., Select Varieties 2/\$4



**SAVE** \$198

**Coconut Water** 

18fl oz., Select Varieties 2/\$4



## SAVE \$1/ea.

Farmer's Hen House

**Organic Pasture Raised Eggs** 

1dozen., Select Varieties \$6.49/ea.





## **SAVE** \$298

Talenti

**Gelato** 

16oz., Select Varieties 2/\$10



## **SAVE \$258**

Lesser Evil

**Space Balls** 

5oz., Select Varieties 2/\$6





Go Macro

**Nutritional Bars** 

2oz., Select Varieties 2/\$4



### **SAVE UP TO \$1** 50

Vista Hermosa **Tortillas** 

7.2-12oz., All Varieties



## **SAVE UP TO** 98¢

Guayaki Yerba Mate

16fl oz., Select Varieties 2/\$5



ĀSÖN

# **WE PLEDGE OUR**

- Added hormones
- Antibiotics
- Artificial preservatives
- High fructose corn syrup
- Artificial fats and trans-fats Bleached or bromated flour
  - Artificial colors or flavors



## WELLNESS & BEAUTY

JÁSÖN

SEA FRESH





### 20% OFF

Dr Bronners

Toothpastes, Soaps & Lotions

5-16oz.. Select Varieties



### 20% OFF

Select Varieties

Aura Cacia

Kids aromatherpy oils, roll ons, and body mists! Hand sanitizers, Essential oils, Body oils and Shower salts

20% OFF

Body wash, Body lotions, Deodorant, Hair care and **Toothpastes** 

**ASÖN** 

NO MUMAI TETTING - BACHS

2.5-16oz.. Select Varieties





### 20% OFF

Hylands

**Kids Cold and Cough Syrups** 

4oz., Select Varieties

SALES VALID 8/16/2023 TO 8/22/2023

