



**Irwin Naturals**  
**Weight Loss**  
**Formulas, Men &**  
**Womens Health,**  
**CBD & More!**  
 All Varieties, Line Drive

**25% OFF**  
**In Stores**  
**Now**

EST. 1976  
**EARTH FARE**

**Gaia**  
**Single Herbs,**  
**Immune, Adrenal,**  
**Thyroid Health, &**  
**More!**  
 All Varieties, Line Drive



**\$1.69/lb.**  
**Red Seedless**  
**Grapes**  
 SAVE \$2.30/lb.



**3/\$5**  
**ORGANIC**  
 Haas  
**Avocados**  
 SAVE \$3.39 ON 3



**\$3.99/lb.**  
**GRASS-FED**  
**Ground Round**  
 SAVE \$3/lb.



**Lowest**  
**Price of The**  
**Season**

**2/\$4**  
**ORGANIC**  
**Grape Tomatoes**  
 12oz  
 SAVE \$3.98 ON 2



**\$9.99/lb.**  
**WILD CAUGHT**  
**American Jumbo**  
**Shrimp & Fresh**  
**Mahi Mahi Fillets**  
 SAVE UP TO \$7/lb.



**\$9.99/lb.**  
**GRASS-FED**  
**New York Strips**  
 (\$8.99 lb whole loins cut  
 into steaks for free!)  
 SAVE \$7/lb.



**5/\$5**  
**ORGANIC**  
**Fancy Lemons &**  
**Navel Oranges**  
 SAVE UP TO \$2.50 ON 5



**\$6.99/ea.**  
**Super Lump Crab**  
**Cakes**  
 SAVE \$2/ea.



**\$12.99/lb.**  
**GRASS-FED**  
**Tomahawk Ribeyes**  
 SAVE \$3/lb.



**2/\$3**  
**ORGANIC**  
**Cucumbers &**  
**Green Onions**  
 SAVE UP TO \$1 ON 2



**\$3.99/lb.**  
**ORGANIC**  
**Asparagus**  
 SAVE \$2/lb.



**\$3.99/ea.**  
**ORGANIC**  
**Bunch Broccoli**  
 SAVE \$2/ea.



**\$10.99/lb.**  
**WILD CAUGHT**  
**Sockeye Salmon**  
**Fillets & Fresh**  
**Wild Flounder**  
**Fillets**  
 SAVE \$6/lb.



**\$3.99/lb.**  
**Sumo Mandarins**  
 SAVE \$1/lb.



**\$1.99/lb.**  
**ORGANIC**  
**Green Zucchini**  
**Squash & Russet**  
**Baking Potatoes**  
 SAVE UP TO \$1/lb.



**\$4.99/lb.**  
**Boneless Skinless**  
**Chicken Breasts &**  
**GRASS-FED**  
**Stew Beef**  
 SAVE UP TO \$3/lb.



**FRESH PICKS**

**\$2.99/ea.**  
**ORGANIC**  
**Celery**  
 EVERYDAY LOW PRICE



**\$1.99/lb.**  
**ORGANIC**  
**Pink Lady Apples**  
 SAVE \$1/lb.



**\$9.99/ea.**  
**Mini Orchids**  
**\$3.99/ea.**  
**Succulents**  
 EVERYDAY LOW PRICE



**\$1/ea. OFF**  
**Midwest Juicery**  
 All Varieties



**SEASONAL FAVORITES**

**\$7.99/lb.**  
**Green Bean Pea Salad**  
 SAVE \$1/lb.



**VEGAN**

**MADE**  
**IN HOUSE**

**Little Rae's**  
**Cookies**



**Justin's**  
**Peanut Butter Cups**



**\$6.99/ea.**  
**Green Goddess**  
**Smoothie 16oz.**  
 SAVE \$1/ea.



**VEGAN**

**MADE**  
**IN HOUSE**

**SALES VALID 3/22/2023 TO 3/28/2023**

**EARTH FARE**

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FROM THE EARTH FARE KITCHEN



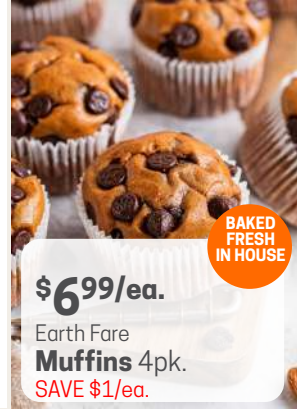
**\$6<sup>99</sup>/ea.** **MADE IN HOUSE**  
 Earth Fare  
**All Croissant Sandwiches**  
 SAVE \$1/ea.



**\$10<sup>99</sup>/lb.** **MADE IN HOUSE**  
 Earth Fare  
**Original Chicken Salad**  
 SAVE \$2/lb.



**\$9<sup>99</sup>/ea.** **MADE IN HOUSE**  
 Earth Fare  
**Broccoli Cheese Soup- Cold 32oz.**  
 SAVE \$1/ea.



**\$6<sup>99</sup>/ea.** **BAKED FRESH IN HOUSE**  
 Earth Fare  
**Muffins 4pk.**  
 SAVE \$1/ea.



**\$10<sup>99</sup>/ea.**  
 Earth Fare  
**Family Size Tiramisu Cake**  
 SAVE \$2/ea.

FROM THE SPECIALTY DEPARTMENT



**2/\$12** **PROUDLY DAIRY WISCONSIN**  
 Di Bruno  
**Natural Smoked Gouda Spread 7.6oz.**



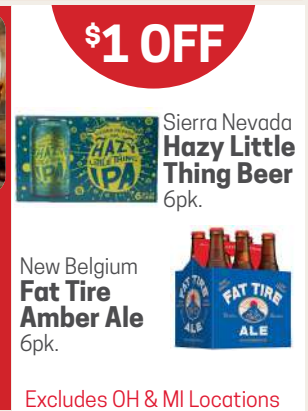
**2/\$12**  
 Virginia Chutney  
**Mango Chutney 4.4oz.**



**SAVE \$3/lb.** **PROUDLY DAIRY WISCONSIN**  
 Emmiroth  
**Gruyere AOP**



**Thirsty Thursday**  
 Every *Thursday*, get 10% off 4 bottles of wine & 10% off any 4 six packs of beer or ciders  
 Excludes OH, TN & MI Locations



**\$1 OFF**  
 Sierra Nevada  
**Hazy Little Thing Beer 6pk.**  
 New Belgium  
**Fat Tire Amber Ale 6pk.**  
 Excludes OH & MI Locations

EVERYTHING GROCERY



**SAVE \$4<sup>98</sup>**  
 Nixie  
**Sparkling Water 8pk., All Varieties 2/\$8**



**SAVE \$3<sup>58</sup>**  
 Kettle  
**Potato Chips 5oz., Select Varieties 2/\$5**



**SAVE \$1<sup>50</sup>**  
 Vital Farms  
**Organic Pasture Raised Eggs 1dozen, Select Varieties \$6.99/ea.**



**SAVE \$1**  
 Earth Fare  
**Coffee 12oz., All Varieties \$11.99/ea.**



**SAVE \$5<sup>49</sup>**  
 Muir Glen  
**Organic Tomatoes 15oz., Select Varieties 3/\$5**



**SAVE 96¢**  
 Siggis  
**Icelandic Yogurt 4-5oz., All Varieties 3/\$5**



**SAVE \$3<sup>98</sup>**  
 Tate's Bake Shop  
**Cookies 6-7oz., Select Varieties 2/\$8**



**SAVE 98¢**  
 Aura Bora  
**Sparkling Water 12 fl oz., All Varieties 2/\$3**



**SAVE \$1<sup>98</sup>**  
 Alkaline 88  
**Water 1 gallon., All Varieties 2/\$8**



**SAVE 98¢**  
 Earth Fare  
**Potato Chips 5oz., All Varieties 2/\$6**

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**SAVE UP TO \$3<sup>98</sup>**

Woodstock  
**Condiments**  
Select Varieties



**SAVE \$1**

Siete  
**Tortillas**  
7oz., Select Varieties  
\$7.99/ea.



**SAVE \$2**

Bachans  
**Japanese BBQ Sauce**  
17fl oz., All Varieties  
\$6.99/ea.



**SAVE \$4<sup>90</sup>**

Bob's Red Mill  
**Nutritional Bars**  
1.76oz., All Varieties  
10/\$10



**SAVE \$3<sup>99</sup>**

Swoon  
**Zero Sugar Tea & Lemonade**  
12fl oz., All Varieties  
3/\$5



**SAVE \$2**

Rishi  
**Tea**  
15ct., All Varieties  
\$7.99/ea.



**SAVE \$3<sup>98</sup>**

Smart Sweets  
**Candy**  
1.8oz., All Varieties  
2/\$3



**SAVE \$2<sup>38</sup>**

Heywell  
**Sparkling Water**  
12fl oz., All Varieties  
2/\$5



**SAVE UP TO \$2**

Tia Lupita  
**Totopos & Hot Sauce**  
Select Varieties



**SAVE \$2<sup>98</sup>**

Watermelon Road  
**Fruit Jerky**  
1.5oz., All Varieties  
2/\$7



**SAVE \$1<sup>98</sup>**

Almond Breeze  
**Almond Milk**  
64fl oz., Select Varieties  
2/\$9



**SAVE \$9<sup>90</sup>**

Larabar  
**Nutritional Bars**  
1.6oz., Select Varieties  
10/\$10



**SAVE \$2<sup>98</sup>**

Late July  
**Organic Tortilla Chips**  
7.5-7.8oz., Select Varieties  
2/\$7



**SAVE \$2**

Freak Flag  
**Bone Broth**  
16oz., All Varieties  
\$5.99/ea.



**SAVE \$2<sup>98</sup>**

Bono  
**Fruit Spread**  
12.4oz., All Varieties  
2/\$9



**SAVE \$2**

R.W. Knudsen  
**Organic Juices**  
32oz., Select Varieties



**SAVE \$1<sup>50</sup>**

My Mochi  
**Ice Cream**  
9.1oz., Select Varieties  
\$4.99/ea.



**SAVE UP TO \$2<sup>98</sup>**

Frontier  
**Organic Spices & Baking Extracts**  
Select Varieties



**SAVE \$1**

Gardein  
**Plant Based Meat**  
9-12oz., Select Varieties  
\$5.49/ea.



**SAVE UP TO \$2**

O Olive Oil  
**Olive Oil & Vinegars**  
9-16.9oz., Select Varieties

SALES VALID 3/22/2023 TO 3/28/2023

EVERYTHING GROCERY



**SAVE \$2<sup>98</sup>**

Yogi Tea  
**Organic Tea**  
16ct., All Varieties  
2/\$7



**SAVE \$2<sup>49</sup>**

Earth Fare  
**Tea & Lemonade**  
16fl oz., All Varieties  
3/\$5



**SAVE \$3**

California Olive Ranch  
**Pasta Sauce**  
25oz., Select Varieties  
\$6.99/ea.



**SAVE \$1<sup>38</sup>**

Epic  
**Jerky Strips**  
1oz. Select Varieties  
2/\$4



**SAVE \$2<sup>98</sup>**

Lesser Evil  
**Organic Popcorn**  
4.6oz., Select Varieties  
2/\$5



**SAVE \$2<sup>38</sup>**

Endangered Species  
**Chocolate Bars**  
3oz., Select Varieties  
2/\$5



**SAVE \$2<sup>58</sup>**

Guru  
**Energy Drinks**  
12fl oz., All Varieties  
2/\$4



**SAVE \$4<sup>98</sup>**

Unreal  
**Chocolates**  
3.2-5oz., Select Varieties  
2/\$9



**SAVE UP TO \$2<sup>98</sup>**

Coolhaus  
**Ice Cream & Novelties**  
Select Varieties



**SAVE \$1<sup>98</sup>**

Oatmilk  
**Rise Brewing Co**  
32fl oz Select Varieties  
2/\$9



**SAVE \$5<sup>98</sup>**

Vybes  
**Functional Beverage**  
16fl oz., Select Varieties  
2/\$10



**SAVE \$1**

Feel Good Foods  
**Appetizers**  
7-10oz., Select Varieties  
\$7.99/ea.



**SAVE \$1**

Bubbies  
**Sauerkraut**  
25oz.  
\$6.99/ea.

**EARTH FARE**  
Your Healthy Supermarket

**GATHER BRANDS**

MARCH IS  
**WOMEN'S**  
*History Month*

Earth Fare supports women owned brands!



WELLNESS & BEAUTY



**20% OFF**

Acure  
**Hair & Facial Care, Body Lotions & Washes**  
1-8oz., All Varieties



**20% OFF**

OM  
**Master Blend Mushroom Protein**  
18-19oz., Select Varieties



**SAVE \$2<sup>40</sup>**

Sourse  
**Vitamin Infused Bites**  
2.2oz., Select Varieties  
\$9.59

Get Your  
**Easter Sunday Essentials**



Jack Rabbit Creations, Eeboo & Nature Planet  
**Easter Basket, Stuffed Animals, Puzzles, Games & Toys**

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