



\$**4**99/ea.

**Blueberries** 18oz. SAVE \$2/ea.



ORGANIC Red, Green & Lacinato Kale

SAVE \$1.98 ON 2



\$399/lb.

**Boneless Skinless Chicken Breasts** SAVE \$3/lb.





\$**9**99/lb.

Sockeye Salmon Fillets & Fresh Antibiotic-Free Salmon Fillets SAVE UP TO \$7/lb.



Jumbo Wild **American White** Shrimp & Wild Alaskan Cod **Fillets** 



\$199/lb. **Red Cherries** SAVE \$5/lb.



5/\$5 ORGANIC **Cucumbers &** Lemons SAVE UP TO \$10 ON 5



\$799/lb. PRIME **Prime Top** Sirloin Steaks SAVE \$5/lb. (Prices may vary in Florida Locations)



**Boneless &** 

**Bone In Ribeyes** & NY Strips SAVE UP TO \$4/lb



SAVE UP TO \$4/lb.

**Cold Water Lobster Tails** SAVE \$7.98 ON 2





\$**1**99/lb.

Fuji Apples & **Pink Lady Apples** SAVE UP TO \$1.50/lb.



## \$**7**99/ea. Super Lump Crab

Cakes SAVE \$1/ea



\$**9**99/ea. Mini Orchids



## New This Week

**EVERYDAY LOW PRICE** 

\$399/ea. Succulent



\$**4**99/ea. ORGANIC Romaine Hearts12ct



SAVE \$3/ea.

\$**2**99/ea.

Statesboro **Blue Cheese** Wedge 4oz. SAVE .50¢/ea.



**Grape Tomatoes** 12oz SAVE \$5.98 ON 2

**Green Bell Peppers SAVE \$3 ON 2** 



Fresh Gourmet

**Caesar Croutons & Seasoned Croutons** SAVE .98¢ ON 2



#### **LEAN & CLEAN GRASS-FED**



\$**5**99/lb. **Ground Round** SAVE \$1/lb.



\$**6**99/lb. **Skirt & Tri Tip Steaks** SAVE \$3/lb



\$699/lb. GRASS-FED Stew Beef & Bottom



\$**9**99/lb. **GRASS-FED** Whole Ribeye & **NY Strip Loins** SAVE UP TO \$2/lb.



**Whole Beef Tenderloins** SAVE \$1/lb

## SALES VALID 01/04/2023 TO 1/10/2023

**Round Roasts** 

SAVE \$1/lb.

#### FROM THE DELI



\$**6**99/lb. **Cucumber Salad** SAVE \$1/lb.



\$**7**99/lb. **Sweet Potato Kale** Salad SAVE \$1/lb.



\$**7**99/lb. **Roasted Beets** SAVE \$1/lb.

BAKERY

\$**1** 25/ea. **Chocolate Chip Cookie Single** 2.5oz.



**Chip Cookie Single** 

#### SPECIALTY



\$**3**99/ea.

**Traditional Feta** Crumbled

4oz. SAVE.50¢



\$699/ea.

Hot Paprika Valencia Almonds

40z. SAVE.50¢

## NEW!



#### **EVERYTHING GROCERY**



**2**/\$7

Late July

**Varieties** 

**Tortilla Chip** 

7.4-10.1oz., Select





Brown Cow Yogurt 5.3oz., All Varieties

**SAVE.96**¢







**SAVE UP TO** \$218 Simply Organic **Spices** 0.14 - 8oz., Select Varieties



**SAVE UP TO** \$198

Califia Farms **Plant Based Milk & Creamers** 

16.9-48fl oz., Select **Varieties** 



2/\$8



2/\$8 Gluten-Free Pasta 12oz.. Select Varieties SAVE .98¢



2/\$6-2/\$9 **Plant Based Burgers** 4.7 - 10oz. Select Varieties **SAVE UP TO \$2.98** 



**\$14**99 Coombs Maple Syrup 12oz.. Select Varieties SAVE \$3



2/\$8-2/\$10 Lifeway Kefir 16-32oz.. Select Varieties

**SAVE UP TO \$2.98** 

## SALES VALID 01/04/2023 TO 1/10/2023



#### **EVERYTHING GROCERY**



3/\$10 Angies

## **Boomchickapop** Popcorn

4.5 - 7oz. Select Varieties SAVE \$1.98



\$629 Farmers Henhouse **Organic Pasture** 

Raised Eggs 1dozen., Select Varieties SAVE \$1.20



\$549

Gardein

# **Plant Based Entrees**

9-14oz., Select Varieties SAVE \$1



2/\$9 Evolution Fresh

Juice & Smoothies

15.2fl oz., Select Varieties SAVE \$2.98





2/\$9

# Organic Tea

20bag., All Varieties SAVE \$3



**2/**\$4 Eat the Change Just Ice Tea 16fl oz., All Varieties **SAVE \$1.98** 



**\$7**99 Cali Flour Foods Pizza 9.9oz., All Varieties

SAVE \$2



## **Potato Chips**

5oz., Select Varieties SAVE \$1.98



2/\$4 True North

**Energy Drinks** 

12fl oz., All Varieties SAVE \$1.98



**Entrees & Bowls** 

8-9oz., Select Varieties **SAVE \$2.98** 



3/\$5 Chomps **Beef Sticks** 1.15oz., Select Varieties SAVE .99¢



3/\$5 Poppi **Prebiotic Soda** 12oz., All Varieties **SAVE \$2.49** 



\$699

**Apple Cider Vinegar** 32fl oz., Select Varieties SAVE \$1



2/\$8

Simple Mills **Gluten-Free Crackers** 

4-4.25 oz., Select Varieties SAVE UP TO \$2.98



2/\$9

Alkaline 88

Water

1gal., Select Varieties SAVE.98¢

#### WELLNESS **& BEAUTY**

Dose



20% OFF Nordic Naturals Omegas, vitamins C & D, Kids gummies, Minerals & more

30-120 ct., All Varieties

2/\$6

Dose Wellness shots - For liver, skin, soreness & Immunity 2oz.. All Varieties

Dose



20% OFF

Wellness shots - Energy, **Pure boost & Immunity** 2oz., All Varieties



20% OFF **OWYN** 

Plant based ready to drink & protein powders

12oz., All Varieties



20% OFF

Earth Fare

Multivitamins, Minerals, Mood & Sleep, Immune support and more for your everyday supplement needs.

30-250 capsules or tablets.. Select Varieties

