\$**7**99/lb.

**Broccoli Crowns** SAVE \$3/lb.





\$399/lb **Boneless Skinless Chicken Breast** 



\$**1**99/lb.

ORGANIC

Fuji Apple & **Baby Peeled Carrots** 

SAVE UP TO \$1.50/lb.



\$**1** 49/lb.

ORGANIC

**Yellow & Green Zucchini Squash** SAVE \$1.50/lb.



\$**2**99/lb.

ORGANIC Tomatoes on The Vine SAVE \$2/lb.





ORGANIC Blueberries 18oz

SAVE \$3/ea. \$**3**99/ea. ORGANIC Red Raspberries

& Blackberries SAVE \$2/ea.

\$**5**99/lb. First of the Season Fresh **Cherries** 

\$999/lb

SAVE \$3/lb.

**Alaska Cod Fillets & Peeled & Deveined Shrimp** 26/30 Ct

SAVE UP TO \$4/lb.



\$1199/lb Wild Sockeye Or Fresh Antibiotic Free Salmon Fillets SAVE UP TO \$5/lb.

\$799/ea.

**Super Lump Crab Cakes** SAVE \$1/ea.



\$**3**99/ea.

Organic Girl Tender Hearts Romaine Leaves & **Butter Lettuce** SAVE .80¢/ea.



\$**R**99/lb. **GRASS-FED** Skirt, Flank, & Tri Tip Steaks SAVE \$1/lb.



\$999/lb GRASS-FED **Top Sirloin Steaks** & Short Ribs SAVE UP TO \$2/lb.



#### SUSTAINABLY SOURCED SEAFOOD



**Green Bell Pepper** 



\$**3**99/lb. **Asparagus** SAVE \$3/lb.



\$**7**49/lb. **Brussels Sprouts & Green Beans** SAVE UP TO \$1.30/lb.



4/\$3 ORGANIC Lemon **SAVE \$2 ON 4** 



\$**7**49/lb. Red & Green **Seedless Grapes** SAVE.50¢/lb.

#### DOUBLE THE PERKS WITH EARTH FARE COFFEE



In 1975, Earth Fare planted roots in Asheville, NC in the heart of the Blue Ridge Mountains. Our whole bean roasts are inspired by the spirit of those mountains.

Bring a little Asheville into your home with these exclusive new blends!

#### SALES VALID 12/07/2022 TO 12/13/2022



#### FROM THE EARTH FARE KITCHEN



\$**7**99/lb.

Earth Fare **Roasted Cauliflower** SAVE \$1/lb.



\$**1 \\**99/lb.

Earth Fare **Cranberry Pecan** Chicken Salad SAVE \$2/lb.



\$699/lb.

Earth Fare Marinated Mushrooms SAVE \$1/lb.



#### SPECIALTY



WISCONSIN

**SAVE \$2/lb.** 

**Gruyere Cave Aged** 



\$**7**99/ea.

Nuts For Cheese **Plant Based Cheese** All Varieties

SAVE \$2/ea



\$18<sup>99/lb.</sup>

Soresina

18 month Parmesan Reggiano-Hand cut, Shredded, & Grated Varieties



Stew Beef, & Bottom **Round Roasts** SAVE \$2/lb.



**Tomahawk Ribeyes** SAVE \$4/lb.

#### **EVERYTHING GROCERY**



Siete **Grain Free Tortilla** Chips

5oz., Select Varieties SAVE \$2.98 ON 2





Dr. Bronner's Chocolate 2.93oz., All Varieties SAVE \$1.98 ON 2



**2/**\$6 -

Bionaturae

**Organic Pasta** 

12-24oz., Select Varieties SAVE \$1.98 ON 2



\$899

Equal Exchange **Organic Coffee** 10-12oz., All Varieties



Milk

59fl oz., All Varieties SAVE \$1.98 ON 2





Health-Ade Kombucha 16fl oz., Select Varieties SAVE \$1.58 ON 2



\$**9**99 Urban Pie

Pizza 10.45-16.9oz., Select Varieties

SAVE \$2



**Peanut Butter Cups** 

1-1.4oz., All Varieties SAVE .58¢-.98¢ ON 2



2/\$6 Vita Coco

**Coconut Water** 500ml., All Varieties SAVE .98¢ ON 2





Amy's

Soup 14.1 -14.7oz., Select **Varieties** 

SAVE \$2 ON 2

SALES VALID 12/07/2022 TO 12/13/2022



#### **EVERYTHING GROCERY**



SAVE .98¢ ON 2



2/\$6 - 2/\$!

Rao's

Patience Fruit & Co

Dried Fruit

3-4oz., Select Varieties





2/\$9
Dr. Praegar's
Veggie Burgers
10oz., Select Varieties
SAVE \$3 ON 2



2/\$7
Kettle
Potato Chips
5oz., Select Varieties
SAVE .98¢ ON 2



2/\$6
Daisy
Sour Cream
16oz., All Varieties
SAVE \$1 ON 2



- Complete Dinners
- Fresh Holiday Entrees
- Essential Sides
- Catering
- Cheese Trays
- Baked Goods



## **WELLNESS & BEAUTY**



20% OFF

Himalaya
Party Smart
6-10pk... All Varieties



# 20% OFF

Natreve

Protein Powders- Keto, Whey & Plantbased! Stress, sleep & Immune drink mix powders

.11 - 23 oz., Line Drive

### Our Commitment to You!



# PRODUCT RESPONSIBILITY

All of our Wellness products meetor exceed government regulations, as identified by the FDA, and are created using good manufacturing practices.



SALES VALID 12/07/2022 TO 12/13/2022

