\$**3**/ea. ORGANIC **Pineapple** SAVE \$2.49/ea.



\$1 99/lb. ORGANIC Red, Green Black **Seedless Grapes** SAVE \$2/lb.



\$399/ea. **ORGANIC Blueberry** 12 oz SAVE \$2/ea.



\$**7**99/lb. ORGANIC **Tomatoes** on the Vine SAVE \$1/lb.







Fuji, Granny Smith, Sweet Tango

.99¢/lb.

ORGANIC

NC Covington Sweet Potatoes SAVE .30¢/lb.

SAVE UP TO \$3/lb



\$**3**99/lb. **Boneless Skinless Chicken Breasts & Chicken Wings**

\$699/lb. **GRASS-FED Skirt Steaks** SAVE \$3/lb.



\$**9**99/lb. **Premium Black Angus Choice Short Ribs** SAVE \$2/lb.



WILD CAUGHT Cold Water Lobster Tails SAVE \$8.98 ON 2



\$999/lb. **WILD CAUGHT** Fresh Wild Alaskan Salmon Fillets & **Jumbo Wild American Shrimp** SAVE UP TO \$5/lb



\$1199/lb. **WILD CAUGHT** Fresh East Coast Flounder Fillets



FRESH PRODUCE



4/\$3 **Navel Orange SAVE \$3 ON 4**



\$**2**49/lb. **Yellow & Green Zucchini Squash** SAVE .50¢/lb.



2/\$10 Pumpkin SAVE \$1.98/ea.



\$**5**99/ea.

Romaine Hearts

SAVE \$1



\$**3**99/lb. **Asparagus** SAVE \$2/lb.

EARTH FARE FAVORITES



\$**1 7**99/ea

Pure Maple Syrup 32 fl.oz.



\$**4**79/ea. ORGANIC Apple Cider Vinegar 34 fl.oz.



\$**79**99/ea. Olive Oil 102 fl.oz.





Pasta



Popcorn

SALES VALID 10/19/2022 TO 10/25/2022



16₀z

FROM THE EARTH FARE KITCHEN



\$**6**99/lb.

Earth Fare **Great Green Grains** Salad SAVE \$1/lb.



\$**7**99/ea.

Earth Fare Salmon w/Tomato **Cucumber Relish** SAVE \$1/ea.



\$**5**99/lb.

Earth Fare **French Carrot Salad** SAVE \$1/lb.

SEASONAL FAVOURITE



\$**5**49/ea.

Earth Fare **Peanut Butter** Cookie 5 Pk

SAVE \$1/ea.



\$**5**99/ea.

Earth Fare **Pumpkin Chocolate** Chip Muffin 4 pk

SAVE \$1 /ea.

SPECIALTY



\$**8**49/ea.

Vampire Garlic Cheddar

6oz

SAVE.50¢/lb.



\$**5**99/lb. **GRASS-FED Stew Beef & Bottom Round Roasts** SAVE \$2/lb.

FROM OUR BUTCHER



\$1299/lb.

GRASS-FED Boneless Ribeyes & Ny Strips SAVE \$4/lb.



\$499/lb

Premium Black Angus Prime Chuck Shoulder Roast & **Ground Chuck** SAVE \$3/lb.



\$1 **(**)/ea. **Double Crusted Chicken Pot Pie Family Size**

EVERYDAY LOW PRICE

EVERYTHING GROCERY



Dr.Bronner's **Chocolate Bars** All Varieties

SAVE \$1

SAVE 15% Tasty Bite

Indian Entrees 10oz., Select Varieties



Tasty Bite 1 Free Tasty Bite Entree With Purchase of \$6.99 **Daily Deal Chicken**



\$599

Freak Flag **Broth Pouches** 16oz., All Varieties SAVE \$2



\$**3**79/ea.

Stonyfield Regular Yogurt 32oz., All Varieties



20% OFF No Evil Foods

Plant Based Meats All Varieties



SAVE \$170

Jade Leaf **Matcha Tea Packets** 7ct., Heritage



\$**7**49/ea.

Alex's Awesome Sourdough Pizzas

Select Varieties SAVE \$2.50/ea.



SAVE UP TO

Patience & Fruit Co. **Dried Fruit**



Bhuja **Snack Mixes** All Varieties SAVE \$4.99 ON 2

SALES VALID 10/19/2022 TO 10/25/2022

EVERYTHING GROCERY



True North **Sparkling Energy Seltzers** 12oz., All Varieties

SAVE \$2.49 ON 2



Mate Factor ORGANIC

20ct., Select Varieties SAVE \$6.99 ON 2



2/\$4 Better Booch Kombucha 16fl.oz., All Varieties



10% OFF

Chili Season! Organic Cannelini & **Kidney Beans**



SAVE UP TO .50^{¢/ea}

Earth Fare Alkaline Water & **Sparkling Waters**

1 L -16.9fl.oz., All Varieties





Allergy

\$2-\$3 OFF

Emerald **Immune & Allergy Supplements**

60-120 caps., Select Varieties



UP TO \$3 OFF

Bodywash, Deodorants, Mouthwash & Toothpaste

3-30oz., Select Varieties



UP TO \$2 OFF

Body lotions, Body wash, Bar soaps & Hair care

8-32 oz., Select Varieties



20% OFF

Dr.Bronner's **Castile Soaps**

8-32oz.

SALES VALID 10/19/2022 TO 10/25/2022

