

# Fresh Organic Living Herbs Now Available

#### FRESH MEAT AND SEAFOOD



\$1099/lb.
GRASS-FED
Ribeyes & Ny Strips
SAVE \$6/lb.



Ground Round &
Antibiotic-Free
Boneless Skinless
Chicken Breasts
SAVE \$2.70/lb.



WILD CAUGHT
Fresh Wild Alaskan
Coho Salmon Fillet
SAVE \$4/lb.

#### FRESH PICK



#### **BUTCHER'S CHOICE**



\$449/lb.
Fresh Boneless Pork
Chops & Roasts
SAVE \$4.50/lb.



\$599/lb.

GRASS-FED

Stew Beef & Bottom

Round Roasts

SAVE \$2/lb.



\$699/lb.

GRASS-FED
Skirt Steak
SAVE \$3/lb.



\$499/lb.
Fresh Antibiotic-Free
Chicken Wings
SAVE \$1/lb.



\$599/lb.
Marinated Chicken
Breasts
SAVE \$2/lb.

#### SALES VALID 9/21/2022 TO 9/27/2022

#### FROM THE EARTH FARE KITCHEN



\$799/lb.

Earth Fare Caprese Salad SAVE \$1/lb.



\$1 1 99/lb.

Earth Fare **Buffalo Chicken** Salad SAVE \$1/lb.



\$**7**99/lb.

Earth Fare Tuscan Bean Salad SAVE \$1/lb.

\$**4**49/ea.

Queen City Pastry **Strawberry Shortcake Slice** SAVE.50¢/ea.

**GRILL READY FROM THE MEAT DEPARTMENT** 



#### SPECIALTY

\$49/ea.

Rio Briati **Shredded Parmesan** 

5oz.

SAVE .50¢/ea.



\$**8**99/ea.

**Honey Smoked Salmon Portion** 

SAVE \$2/ea.



3/\$12 **Maryland Crab** Cakes SAVE \$2.97 ON 3



Bell And Evans **Chicken Wing Bag** 2.5lb. bag **Everyday Low Price** 



#### **EVERYTHING GROCERY**



The Meatball Shop Pasta Sauce 24oz., All Varieties **SAVE UP TO \$9.99** 



**Pasta** 16oz., All Varieties SAVE \$3.99 ON 2



\$**5**69/ea. Kalona **ORGANIC** Milk 1/2 Gallon SAVE .80¢/ea.



2/\$6 Cereal 10-16oz., All Varieties SAVE \$5.38 ON 2



\$**4**99/ea. Halo Top

**Reformulated!** Ice Cream 16oz., All Varieties SAVE \$2/ea.



\$679/doz.

Vital Farms **ORGANIC** 

**Pasture Raised Eggs** 

1dozen SAVE \$1.70/doz.



\$1 OFF

**Plant Based Cream** Cheeze

8oz., All Varieties



**Plant Based Meat** 12oz., All Varieties

**SAVE UP TO \$2.70** 



Seeds Of Change **ORGANIC Rice Blends** 8.5-9oz., All Varieties SAVE \$1.98 ON 2

SALES VALID 9/21/2022 TO 9/27/2022



#### **EVERYTHING GROCERY**



20% OFF Woodstock **Frozen Fruit** 

All Varieties



2/\$8 Coolhaus **Ice Cream** 1pint., Excluding Dairy Free SAVE \$3.98 ON 2



**Hummus** 10oz., All Varieties SAVE \$2.98 ON 2



\$319 San-J **Cooking Sauces** 10oz., All Varieties SAVE.80¢



**Dark Chocolate Bites** 3.9oz., All Varieties SAVE \$2.98 ON 2



# **Baking Essentials For Less**

ORGANIC **Semi Sweet** Chocolate Chips \$ 149/ea.

ORGANIC Coconut Flour \$499/ea. ORGANIC

**Light Brown** Sugar \$199/ea.

ORGANIC

**All Purpose** Flour 5lb.

\$799/ea.



## **WELLNESS & BEAUTY**

# 25% OFF

Line Drive

#### Mushroom Month

Om's functional organic mushrooms provide support for focus, immunity, energy, and stress. They are available in delicious, high potency powders, nourishing broths and hot drinks with added adaptogens. Introducing Om's new Master Blend Protein! Make Om your daily superfood ritual. All sizes.







### 20% OFF

The Grandpa Soap Co Hair care & Bar soaps 2-8oz.,

Line Drive



# **SAVE UP TO** \$4 OFF

**Protekt Energy & Hydration Liquid** pack

10pk. Assorted Varieties



