

Harvest Fresh



\$2.49/lb.

ORGANIC

Honeycrisp Apple



\$1.79/lb.

ORGANIC

Acorn, Butternut & Spaghetti Squash



2/\$4

ORGANIC

Grape Tomatoes & Green Leaf Lettuce

ORGANIC  
Hass  
Large  
Avocado

5/\$5

SAVE \$8.95 ON 5

EST 1975  
**EARTH FARE**

Fresh  
Organic  
Produce



\$1.89/lb.

ORGANIC

Red, Green, Black  
Seedless Grapes



5/\$5

ORGANIC

Cucumber,  
Green Bell Pepper  
& Fancy Lemon



2/\$7

ORGANIC

Blueberries &  
Raspberries  
6oz.

\$9.99/lb.

Wild Alaska  
Cod Fillets  
SAVE \$3/lb.



\$9.99/lb.

Wild American  
Jumbo White  
Shrimp  
SAVE \$5/lb.



\$11.99/lb.

Fresh Wild Alaskan  
Sockeye Salmon  
Fillet  
SAVE \$8/lb.



Wild  
Seafood  
Fest

2/\$11  
Cold Water  
Lobster Tails  
3-4 Oz



\$11.99/lb.

Fresh Wild Caught  
Tuna Steaks  
SAVE \$8/lb.



\$3.99/lb.

GRASS-FED  
Ground Round &  
Boneless Skinless  
Chicken Breasts  
SAVE UP TO \$3/lb.



\$6.99/lb.

GRASS-FED  
Skirt Steaks  
SAVE \$3/lb.



\$8.99/lb.

GRASS-FED  
Premium Black  
Angus Choice Top  
Sirloin And Short  
Ribs  
SAVE \$3/lb.



FRESH PRODUCE



4/\$3

Cara Cara Oranges  
SAVE \$4.96 ON 4



\$1.99/lb.

ORGANIC

Starkrimson Pear  
SAVE \$1/lb.



2/\$3

ORGANIC

Lacinato Kale  
SAVE \$2.98 ON 2

SALAD BAR



Healthy on the go!  
Fresh organic options  
offered daily.

FROM THE BUTCHER



\$5.99/lb.

GRASS-FED

Sirloin Tip Roasts &  
Stew Beef  
SAVE \$2/lb.



\$8.99/lb.

GRASS-FED

Flank Steaks  
& Tri Tip  
SAVE \$1/lb.



\$5.99/lb.

GRASS-FED

Fajita Meat  
SAVE \$2/lb.



\$12.99/lb.

GRASS-FED

Boneless Ribeyes &  
NY Strips  
SAVE \$4/lb.



\$5.99/lb.

MADE  
IN HOUSE  
Marinated Chicken  
Breasts  
SAVE \$2/lb.

SALES VALID 9/14/2022 TO 9/20/2022

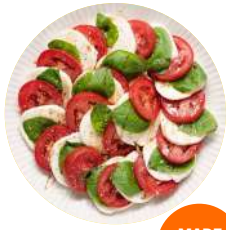
**EARTH FARE**

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FROM THE EARTH FARE KITCHEN

BAKERY



\$7.99/lb.

Earth Fare  
Caprese Salad  
SAVE \$1/lb.

MADE  
IN HOUSE



\$11.99/lb.

Earth Fare  
Original Mock  
Chicken Salad  
SAVE \$1/lb.

MADE  
IN HOUSE



\$7.99/lb.

Earth Fare  
Tuscan Bean Salad  
SAVE \$1/lb.

MADE  
IN HOUSE



\$4.49/ea.

Queen City Pastry  
NY Cheesecake Slice  
5oz.  
SAVE .50¢/ea.



\$4.99/ea.

Earth Fare  
Brown Butter  
Chocolate Chip  
Cookies  
5pk.  
SAVE \$1/ea.

BAKED  
IN HOUSE

EARTH  
FARE  
ORIGINAL  
RECIPE

SPECIALTY

GRILL READY FROM THE MEAT DEPARTMENT



\$4.49/ea.

Rio Briati  
Shredded  
Parmesan  
5oz.  
SAVE .50¢/ea.



\$8.99/ea.

Honey Smoked  
Salmon Portion  
8oz.  
SAVE \$2/ea.



3/\$12  
Maryland Crab  
Cakes

SAVE \$2.97 ON 3



\$11.99/lb.

WILD CAUGHT  
Large American  
Peeled & Deveined  
Shrimp  
SAVE \$2/lb.



\$4/ea.

WILD CAUGHT  
Cedar Plank Coho  
Salmon  
6oz.  
Everyday Low Price

FROM  
THE  
FREEZER

EVERYTHING GROCERY



BUY ONE  
BOGO  
GET ONE FREE  
The Meatball Shop  
Pasta Sauce  
24oz., All Varieties  
SAVE UP TO \$9.99



BUY ONE  
BOGO  
GET ONE FREE  
Rummo  
Pasta  
16oz., All Varieties  
SAVE \$3.99 ON 2



\$5.69/ea.  
Kalona  
ORGANIC  
Milk  
1/2 Gallon  
SAVE .80¢/ea.



2/\$6  
Kashi  
Cereal  
10-16oz., All Varieties  
SAVE \$5.38 ON 2



\$4.99/ea.  
Halo Top  
Reformulated!  
Ice Cream  
16oz., All Varieties  
SAVE \$2/ea.



\$6.70/doz.  
Vital Farms  
ORGANIC  
Pasture Raised Eggs  
1dozen  
SAVE \$1.70/doz.



\$1 OFF  
Daiya  
Plant Based Cream  
Cheeze  
8oz., All Varieties



\$5.29  
Ozo  
Plant Based Meat  
12oz., All Varieties  
SAVE UP TO \$2.70



\$11.99  
Bono  
ORGANIC  
Olive Oil  
17oz.  
SAVE \$3



2/\$7  
Seeds Of Change  
ORGANIC  
Rice Blends  
8.5-9oz., All Varieties  
SAVE \$1.98 ON 2

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EVERYTHING GROCERY



**20% OFF**

Woodstock  
**Frozen Fruit**  
All Varieties



**2/\$8**

Coolhaus  
**Ice Cream**  
1 pint., Excluding Dairy Free  
**SAVE \$3.98 ON 2**



**2/\$7**

Ithaca  
**Hummus**  
10oz., All Varieties  
**SAVE \$2.98 ON 2**



**\$3<sup>19</sup>**

San-J  
**Cooking Sauces**  
10oz., All Varieties  
**SAVE .80¢**



**2/\$9**

Jojo's  
**Dark Chocolate Bites**  
3.9oz., All Varieties  
**SAVE \$2.98 ON 2**



**Game Day Essentials For Less**

**ORGANIC**  
**Yellow Corn Tortilla Chips**  
**\$2<sup>99</sup>/ea.**

**ORGANIC**  
**Pretzel Mini Twists**  
**\$2<sup>99</sup>/ea.**

**ORGANIC**  
**Roasted Garlic Salsa**  
**\$3<sup>99</sup>/ea.**

**ORGANIC**  
**Popcorn**  
**\$2<sup>99</sup>/ea.**



WELLNESS & BEAUTY

**25% OFF**  
Om  
**Mushroom Month**  
Om's functional organic mushrooms provide support for focus, immunity, energy, and stress. They are available in delicious, high potency powders, nourishing broths and hot drinks with added adaptogens. Introducing Om's new Master Blend Protein! Make Om your daily superfood ritual.  
All sizes.  
Line Drive



**20% OFF**  
The Grandpa Soap Co  
**Hair care & Bar soaps**  
2-8oz.,  
Line Drive



**SAVE UP TO \$4 OFF**  
Protekt  
**Energy & Hydration Liquid pack**  
10pk. Assorted Varieties

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