

THE HEALTHY SUPERMARKET

SALES VALID 8/3/22-8/9/22

BUY ONE BOGO GET ONE FREE

Fresh Wild Caught Sockeye Salmon Fillets

SAVE \$20.02 WHEN YOU BUY 2 LBS



Boneless Skinless Chicken Breasts SAVE \$7.02 WHEN YOU BUY 2 LBS



Blueberries 12oz SAVE \$5.49 ON 2

BOGO IS BACK!

LOOK FOR SAVINGS ON HUNDREDS OF OUR MOST DELICIOUS AND NUTRITIOUS PRODUCTS ACROSS DEPARTMENTS



ORGANIC
Red Mangos
SAVE \$5 ON 2



Hass Avocados SAVE \$3.29 ON 5



Grape Tomatoes
120z

& Broccoli Crowns
SAVE \$3.99 ON 2



ORGANIC Red Kale SAVE \$2.99 ON 2



ORGANIC
Cucumbers
SAVE \$2 ON 2



Gimme Organic ORGANIC Seaweed Snacks .32-.35oz., All Varieties SAVE \$2.49 ON 2



ORGANIC
Protein Bars
1.4 - 2.5 oz., Select Varieties
SAVE \$2.99 ON 2



ORGANIC
Cereal
Select Varieties
SAVE \$7.99 ON 2



ORGANIC Fruit Snacks 4 oz., Select Varieties SAVE \$5.99 ON 2



Bread 15-24oz., Select Varieties SAVE UPTO \$5.49 ON 2

ORGANIC



ORGANIC Energy Bars 2.2oz., All Varieties SAVE \$2.79 ON 2



Better Booch **Kombucha** 16oz., All Varieties SAVE \$2.99 ON 2



Over Easy **Breakfast Bars**1.8oz., All Varieties
SAVE \$2.49 ON 2



Hippeas

Chickpea Puffs

4oz., All Varieties

SAVE \$3.99 ON 2



Mason Dixie
Biscuits
6pk., All Varieties
SAVE \$6.49 ON 2

TWICE AS HEALTHY TWICE AS EASY TWICE AS TASTY



Good Good **Jams**12oz., All Varieties
SAVE \$6.99 ON 2



Water
1 Gallon
SAVE \$4.99 ON 2



Plant Based Milk 64oz., All Varieties SAVE \$4.99 ON 2



Plant Based Gelato 14oz., All Varieties SAVE \$6.99 ON 2



Little Something Foods
Mad Minis
Ice Cream Cookies
12pk.

SAVE \$6.29 ON 2



Burritos 5 oz., Select Varieties SAVE \$2.99 ON 2



Tasty Bite
Entrée Dishes
10oz. All Varieties
SAVE \$4.49 ON 2



Base Culture Almond Butter 16oz., All Varieties SAVE \$9.99 ON 2



Better Life Cleaners Select Varieties SAVE \$8.49 ON 2

FRESH AND ORGANIC PRODUCE



\$269/ea. Strawberries 16oz SAVE \$2.30/ea.



\$269/ea.
Raspberries & Blackberries
60z
SAVE .30¢/ea.



2/\$6 Sunray Mandarins 2lb. SAVE \$1.98 ON 2



\$199/lb. ORGANIC Yellow Squash SAVE \$1.50/lb.



\$199/lb.
ORGANIC
Green Zucchini
Squash
SAVE \$1/lb.

100% TRACEABLE SEAFOOD

GRILL READY FROM THE MEAT DEPARTMENT



WILD CAUGHT
Alaska Cod Fillets
And Large American
Shrimp
SAVE UP TO \$3/lb.



\$699/ea.
Super Lump Crab
Cakes
SAVE \$1/ea.



\$4/ea.
Cedar Plank Coho
Salmon
From The Freezer



GRASS-FED
Ground Chuck &
Chuck Roasts
SAVE UP TO \$3/lb.



GRASS-FED

Boneless Ribeye,
NY Strip & Tomahawk
Ribeyes
SAVE UP TO \$4/lb.





\$**7**99/lb. **GRASS-FED** Flank Steaks SAVE \$2/lb.



\$3 OFF/Ib. All Kabobs



\$1299/lb. **Rosemary Garlic Grilled Chicken** SAVE \$1/lb.



IN HOUSE \$**5**99/lb.

Earth Fare **Grilled Vegetables** SAVE \$1/lb.



\$**8**99/lb. Earth Fare

Broccoli Cranberry Salad SAVE \$1/lb.

SPECIALTY



\$**6**49/ea. New Bridge **Pimento Cheese** 11oz. SAVE \$1/ea.





\$**7**99/ea.

Better Bites Chocolate Chip, Snickerdoodle, **Birthday -Do Bites**

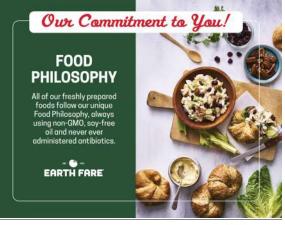
6 pack SAVE \$1/ea.



799/ea.

Earth Fare Fresh Fruit Tart 3in.

SAVE \$1/ea.





\$**4**99/doz.

Vital Farms **Pasture Raised** Large Eggs

1doz. SAVE \$2.50/doz.



Crackers 4.2 - 4.76 oz., All Varieties SAVE \$1.58 ON 2



Keto Cookies 2oz., All Varieties SAVE \$3.58 ON 2



Stahlbush
Blueberries & Raspberries 10oz.

SAVE \$2.98 ON 2



Goodbelly **Probiotic Drinks** 32oz., Select Varieties SAVE \$4.98 ON 2



ORGANIC Peter Rabbit Organics **Baby Food Pouches** 4-4.4oz., Select Varieties SAVE.97¢ ON 3



2/\$10 Halo Top **Ice Cream**

1pt., All Varieties Reformulated SAVE \$3.98 ON 2

NOTHING ARTIFICAL

Our wide assortment of bulk products will only contain colors and flavors from natural sources. With little nutritional value, artificial colors, flavors and sweeteners have been eliminated from our store.









20% OFF

Dr Bronners Castile Soaps, Body Lotions and Toothpastes

5-16oz.



20% OFF

Everyman Jack
Men's Bodycare Shaving Essentials,
Beard oil, Deodorants
and Bodywash

Line Drive





\$5 OFF

Brain health and

Woman's. Men's

and Prenatal

Multivitamins

60ct.. Select Varieties









20% OFF

Natreve

Immune, Sleep and Stress supplements & Whey, Keto and Plant proteins

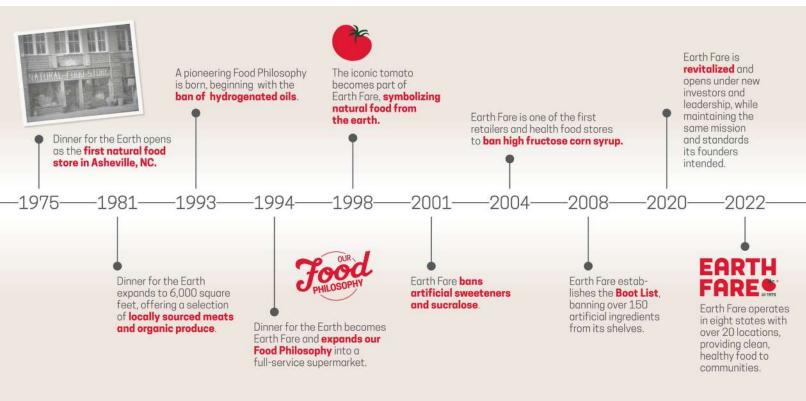
16-23oz., Select Varieties Line Drive

UP TO 5% OFF

Protekt

NEW BRAND! Immune, Energy, Hydration and Rest supplements

60 ct & 10pk., Line Drive



WE PLEDGE OUR FOOD IS FREE OF:



- Added hormones
- Artificial fats and trans-fats
- Artificial sweeteners
- Bleached or bromated flour
- Antibiotics
- High fructose corn syrup
- Artificial preservatives
- Artificial colors or flavors