

100% GRASS-FED BEEF

\$**5**99/lb. GRASS-FED -or-**Ground Round** & London Broil SAVE UP TO \$2/lb.

SUSTAINABLY-SOURCED SEAFOOD



WILD-CAUGHT Alaskan Salmon

SAVE UP TO \$4/lb.

Fillets — or — Fresh, Antibiotic-Free **Salmon Fillets**



\$1 299/lb.

WILD-CAUGHT

Fresh Mahi Mahi **Fillets** SAVE \$5/lb.



2/\$15 **Cold Water Lobster Tails** 3-4 oz. Each SAVE \$4.98 on 2

FRESH & ORGANIC PRODUCE



SAVE \$3.98 on 2 **Blackberries**

6 oz.

SAVE \$2.98 on 2





\$**7**99/lb. **Sumo Mandarins** SAVE \$2/lb.

\$_199/ea. Organic Girl ORGANIC Salads 16 oz., All Varieties SAVE \$2/ea,





\$**1**79/lb. **ORGANIC Hot House Tomatoes** SAVE \$1.20/lb.



\$**3**99/ea.

ORGANIC Whole or Sliced **Baby Bella** Mushrooms

8 oz. SAVE \$1/ea.



4/\$5 **Hass Avocados** SAVE \$2.16 on 4



\$**7**49/lb. ORGANIC **Broccoli Crowns** SAVE \$2.50/lb.



\$1 49/lb. **SnapDragon** Apples SAVE \$1/lb.

SALES VALID 3/16/22 - 3/22/22

FROM THE EARTH FARE KITCHEN



SAVE \$1/ea. Wraps From the Earth Fare Kitchen All Varieties



SAVE \$1/ea.
Kale Madness
Smoothie
From the

Earth Fare Kitchen 16 oz.



SAVE \$1/lb. Lemon Shallot Salmon

From the Earth Fare Kitchen



\$317/ea. Irish Soda Bread From the Bakery SAVE \$2.82/ea.



BAKERY

SAVE \$314/ea. Whole Pies From the Bakery All Sizes & Varieties

SPECIALTY

HUMANELY RAISED MEATS





GRASS-FED
Irish Cheddar
All Sizes & Varieties



Boneless, Skinless Chicken Breasts & Thighs SAVE UP TO \$2/lb.



\$12/ea.
Bell & Evans
Chicken Wings
2.5 lb. Bag
EVERYDAY LOW PRICE

siggis

siggis



\$1599/lb.
GRASS-FED
Filet Mignon
Whole Tenderloin \$13.99
SAVE UP TO \$4/lb.





\$**11**99/lb.

Peeled & Deveined -or- Shell On, Large American Shrimp SAVE \$2/lb.

EVERYTHING GROCERY

siggis



\$599
Happy Egg
Free Range,
Heritage Breed Eggs
1 Dozen, Select Varieties
SAVE \$2



2/\$6Almond Breeze **Alternative Milks**64 oz., Select Varieties
SAVE 99¢ on 2



4/\$5 Siggi's Icelandic Yogurt 5 oz., Select Varieties SAVE \$2.16 on 4



20% OFFCappello's **Keto Pizza**10.7 oz., Select Varieties
SAVE UP TO \$9.99





gardein be'f tips

2/\$8
Gardein
Plant-Based Meats
9-13 oz., Select Varieties
SAVE \$2.58 on 2





\$599
R. W. Knudsen
Just Juice
32 oz., Select Varieties
SAVE \$1



2/8 Julian's Recipe Baguettes 11.29-12.35 oz., Select Varieties SAVE \$2.58 on 2



2/\$8
Alkaline 88
Water
128 oz., Select Varieties
SAVE \$2.98 on 2

EVERYTHING GROCERY



Follow Your Heart **Shredded Vegan Cheeses** 7 oz., Select Varieties SAVE 98¢ on 2



3/\$5 True North **Energy Seltzers** 12 oz., Select Varieties SAVE \$2.49 on 3





2/\$6 Amy's **Burritos** 5 oz., Select Varieties SAVE 98¢ on 2



2/\$8 Andrew & Everett **Shredded Cheese** 8 oz., All Varieties

SAVE \$1.98 on 2



\$**6**⁹⁹ Cali'flour Foods Pizza 9.2-9.95 oz., Select Varieties SAVE \$2





\$**1** 99/lb. Bulk ORGANIC **Rolled Oats** SAVE 50¢/lb.



Almond Butter SAVE \$1/lb.



\$**8**99/lb. Bulk ORGANIC **Medjool Dates**

WELLNESS & BEAUTY

20% OFF Mad Hippie

Face Creams. Eye Creams, Serums, Masks & Scrubs .5-4 oz., Select Varieties







20% OFF Hvland's Earache Drops, **Nerve Tonic &** Sleep Aid 50-500 Tabs. Select Varieties







SALES VALID 3/16/22 - 3/22/22

WE PLEDGE OUR FOOD IS FREE OF:



- Added hormones
- Artificial fats and trans-fats
- Artificial sweeteners
- Bleached or bromated flour
- Antibiotics
- High fructose corn syrup
- Artificial preservatives
- Artificial colors or flavors